



Mare Nostrum Monaco

MONACO

from 20th to 21st May 2023 - 50m pool



Results

[FINA quotation]

Records du 400 Nage Libre Messieurs

Record du Monde: **3:40.07** Paul BIEDERMANN (1986) GER 26/07/2009 ROME
 Record d'Europe: **3:40.07** Paul BIEDERMANN (1986) GER 26/07/2009 ROME
 Monaco Record: **3:41.71** Ian THORPE (1982) AUS 12/06/2001 MONACO
 Mare Nostrum Record: **3:41.71** Ian THORPE (1982) AUS 12/06/2001 MONACO

Prelims : 400 Freestyle Men

[Saturday, 20/05/2023]

QFA	1.	Tommy-Lee CAMBLONG	2001	FRA	CANET 66 NATATION	+0.67	3:52.91	843 pts
		50 m : 27.08 (27.08)	100 m : 55.86 (28.78)	[55.86]	150 m : 1:24.96 (29.10)	200 m : 1:54.17 (29.21)	[58.31]	
		250 m : 2:23.52 (29.35)	300 m : 2:53.20 (29.68)	[59.03]	350 m : 3:23.19 (29.99)	400 m : 3:52.91 (29.72)	[59.71]	
QFA	2.	Ryo NAKAMITSU	2005	JPN	JAPAN SWIMMING FEDERATION	+0.69	3:56.34	807 pts
		50 m : 26.81 (26.81)	100 m : 56.03 (29.22)	[56.03]	150 m : 1:26.42 (30.39)	200 m : 1:56.77 (30.35)	[1:00.74]	
		250 m : 2:27.49 (30.72)	300 m : 2:57.52 (30.03)	[1:00.75]	350 m : 3:27.65 (30.13)	400 m : 3:56.34 (28.69)	[58.82]	
QFA	3.	Kregor ZIRK	1999	EST	ESTONIAN SWIMMING FEDERATION	+0.64	3:56.79	802 pts
		50 m : 26.91 (26.91)	100 m : 56.26 (29.35)	[56.26]	150 m : 1:26.47 (30.21)	200 m : 1:56.74 (30.27)	[1:00.48]	
		250 m : 2:26.93 (30.19)	300 m : 2:57.36 (30.43)	[1:00.62]	350 m : 3:27.83 (30.47)	400 m : 3:56.79 (28.96)	[59.43]	
QFA	4.	Roman FUCHS	1998	FRA	FFN - INSEP	+0.64	3:56.89	801 pts
		50 m : 26.80 (26.80)	100 m : 56.12 (29.32)	[56.12]	150 m : 1:26.27 (30.15)	200 m : 1:56.46 (30.19)	[1:00.34]	
		250 m : 2:26.75 (30.29)	300 m : 2:57.49 (30.74)	[1:01.03]	350 m : 3:27.99 (30.50)	400 m : 3:56.89 (28.90)	[59.40]	
QFA	5.	Albert ESCRITS MANOSA	1998	ESP	FEDERACIO CATALANA NATACIO	+0.73	3:58.93	781 pts
		50 m : 27.94 (27.94)	100 m : 58.10 (30.16)	[58.10]	150 m : 1:28.51 (30.41)	200 m : 1:58.89 (30.38)	[1:00.79]	
		250 m : 2:28.96 (30.07)	300 m : 2:59.43 (30.47)	[1:00.54]	350 m : 3:29.31 (29.88)	400 m : 3:58.93 (29.62)	[59.50]	
QFA	6.	Paul BEAUGRAND	2000	FRA	CANET 66 NATATION	+0.67	3:59.74	773 pts
		50 m : 27.25 (27.25)	100 m : 56.78 (29.53)	[56.78]	150 m : 1:26.86 (30.08)	200 m : 1:57.49 (30.63)	[1:00.71]	
		250 m : 2:28.42 (30.93)	300 m : 2:59.58 (31.16)	[1:02.09]	350 m : 3:30.60 (31.02)	400 m : 3:59.74 (29.14)	[1:00.16]	
QFA	7.	Krzysztof CHMIELEWSKI	2004	POL	POLISH SWIMMING FEDERATION	+0.63	4:00.03	770 pts
		50 m : 27.05 (27.05)	100 m : 56.56 (29.51)	[56.56]	150 m : 1:26.62 (30.06)	200 m : 1:57.16 (30.54)	[1:00.60]	
		250 m : 2:27.73 (30.57)	300 m : 2:58.84 (31.11)	[1:01.68]	350 m : 3:29.64 (30.80)	400 m : 4:00.03 (30.39)	[1:01.19]	
QFA	8.	Theo DRUENNE	2005	MON	FEDERATION MONEGASQUE DE NATATION	+0.68	4:07.65	701 pts
		50 m : 28.24 (28.24)	100 m : 59.07 (30.83)	[59.07]	150 m : 1:30.20 (31.13)	200 m : 2:01.89 (31.69)	[1:02.82]	
		250 m : 2:33.33 (31.44)	300 m : 3:05.17 (31.84)	[1:03.28]	350 m : 3:36.73 (31.56)	400 m : 4:07.65 (30.92)	[1:02.48]	
	9.	Lluís ESCRITS MANOSA	2001	ESP	FEDERACIO CATALANA NATACIO	+0.76	4:11.19	672 pts
		50 m : 28.27 (28.27)	100 m : 58.81 (30.54)	[58.81]	150 m : 1:30.25 (31.44)	200 m : 2:02.32 (32.07)	[1:03.51]	
		250 m : 2:34.55 (32.23)	300 m : 3:06.84 (32.29)	[1:04.52]	350 m : 3:39.23 (32.39)	400 m : 4:11.19 (31.96)	[1:04.35]	
	10.	Gaël KHALIL	2004	FRA	AS. SP. MONACO NATATION	+0.66	4:21.05	599 pts
		50 m : 28.94 (28.94)	100 m : 59.61 (30.67)	[59.61]	150 m : 1:31.09 (31.48)	200 m : 2:03.41 (32.32)	[1:03.80]	
		250 m : 2:36.35 (32.94)	300 m : 3:11.30 (34.95)	[1:07.89]	350 m : 3:46.59 (35.29)	400 m : 4:21.05 (34.46)	[1:09.75]	
	11.	Antoine PETIT	2008	FRA	AS. SP. MONACO NATATION	+0.78	4:24.52	575 pts
		50 m : 30.45 (30.45)	100 m : 1:03.88 (33.43)	[1:03.88]	150 m : 1:36.63 (32.75)	200 m : 2:10.49 (33.86)	[1:06.61]	
		250 m : 2:43.95 (33.46)	300 m : 3:18.48 (34.53)	[1:07.99]	350 m : 3:51.85 (33.37)	400 m : 4:24.52 (32.67)	[1:06.04]	
	12.	Raphaël SIROUR	2007	FRA	AS. SP. MONACO NATATION	+0.69	4:28.45	550 pts
		50 m : 29.65 (29.65)	100 m : 1:02.85 (33.20)	[1:02.85]	150 m : 1:37.01 (34.16)	200 m : 2:11.97 (34.96)	[1:09.12]	
		250 m : 2:46.44 (34.47)	300 m : 3:21.19 (34.75)	[1:09.22]	350 m : 3:55.62 (34.43)	400 m : 4:28.45 (32.83)	[1:07.26]	
	13.	Esteban FAURE	2008	MON	FEDERATION MONEGASQUE DE NATATION	+0.60	4:34.83	513 pts
		50 m : 29.99 (29.99)	100 m : 1:03.73 (33.74)	[1:03.73]	150 m : 1:38.24 (34.51)	200 m : 2:13.77 (35.53)	[1:10.04]	
		250 m : 2:48.52 (34.75)	300 m : 3:24.82 (36.30)	[1:11.05]	350 m : 3:59.96 (35.14)	400 m : 4:34.83 (34.87)	[1:10.01]	
	14.	Noé BULLA	2008	FRA	AS. SP. MONACO NATATION	+0.70	4:38.61	492 pts
		50 m : 29.82 (29.82)	100 m : 1:03.78 (33.96)	[1:03.78]	150 m : 1:39.20 (35.42)	200 m : 2:15.48 (36.28)	[1:11.70]	
		250 m : 2:51.49 (36.01)	300 m : 3:27.63 (36.14)	[1:12.15]	350 m : 4:03.94 (36.31)	400 m : 4:38.61 (34.67)	[1:10.98]	
	---	Henning MUHLLEITNER	1997	GER	SPORT-UNION NECKARSULM		DNS dec	
	---	Danas RAPSYS	1995	LTU	LITHUANIAN SWIMMING FEDERATION		DNS dec	
	---	Luc VITALI	2005	GER	AS. SP. MONACO NATATION		DNS dec	