



Mare Nostrum Monaco

MONACO

from 20th to 21st May 2023 - 50m pool



Results

[FINA quotation]

Records du 400 4 Nages Dames

Record du Monde: **4:26.36** Katinka HOSSZU (1989) HUN 06/08/2016 RIO DE JANEIRO
 Record d'Europe: **4:26.36** Katinka HOSSZU (1989) HUN 06/08/2016 RIO DE JANEIRO
 Monaco Record: **4:32.87** Katinka HOSSZU (1989) HUN 08/06/2019 MONACO
 Mare Nostrum Record: **4:30.75** Katinka HOSSZU (1989) HUN 11/06/2016 BARCELONA

Prelims : 400 Medley Women

[Saturday, 20/05/2023]

QFA	1.	Zsuzsanna JAKABOS	1989	HUN	GYORI USZO SE	+0.70	4:50.13	773 pts
		50 m : 29.81 (29.81)			150 m : 1:40.29 (36.65)		200 m : 2:15.90 (35.61)	[1:12.26]
		250 m : 2:58.37 (42.47)			350 m : 4:16.86 (35.08)		400 m : 4:50.13 (33.27)	[1:08.35]
		100 m : 1:03.64 (33.83)			[1:03.64]			
		300 m : 3:41.78 (43.41)			[1:25.88]			
QFA	2.	Dakota TUCKER	2004	RSA	WATERBORN SWIMMING CLUB	+0.74	4:55.04	735 pts
		50 m : 30.84 (30.84)			150 m : 1:44.42 (37.94)		200 m : 2:22.11 (37.69)	[1:15.63]
		250 m : 3:03.87 (41.76)			350 m : 4:20.52 (34.85)		400 m : 4:55.04 (34.52)	[1:09.37]
		100 m : 1:06.48 (35.64)			[1:06.48]			
		300 m : 3:45.67 (41.80)			[1:23.56]			
QFA	3.	Alba VAZQUEZ	2002	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.76	4:55.46	732 pts
		50 m : 31.49 (31.49)			150 m : 1:46.75 (40.14)		200 m : 2:25.42 (38.67)	[1:18.81]
		250 m : 3:06.53 (41.11)			350 m : 4:23.40 (34.80)		400 m : 4:55.46 (32.06)	[1:06.86]
		100 m : 1:06.61 (35.12)			[1:06.61]			
		300 m : 3:48.60 (42.07)			[1:23.18]			
QFA	4.	Louna KASVIO	2006	FIN	FINNISH SWIMMING FEDERATION	+0.81	4:56.22	727 pts
		50 m : 31.46 (31.46)			150 m : 1:46.01 (38.57)		200 m : 2:23.87 (37.86)	[1:16.43]
		250 m : 3:06.55 (42.68)			350 m : 4:24.33 (34.61)		400 m : 4:56.22 (31.89)	[1:06.50]
		100 m : 1:07.44 (35.98)			[1:07.44]			
		300 m : 3:49.72 (43.17)			[1:25.85]			
QFA	5.	Lea POLONSKY	2002	ISR	ISRAEL	+0.68	4:56.48	725 pts
		50 m : 30.48 (30.48)			150 m : 1:43.22 (38.28)		200 m : 2:20.99 (37.77)	[1:16.05]
		250 m : 3:03.45 (42.46)			350 m : 4:22.57 (36.58)		400 m : 4:56.48 (33.91)	[1:10.49]
		100 m : 1:04.94 (34.46)			[1:04.94]			
		300 m : 3:45.99 (42.54)			[1:25.00]			
QFA	6.	Giulia VIACAVA	2006	ITA	AS. SP. MONACO NATATION	+0.78	4:59.44	703 pts
		50 m : 31.88 (31.88)			150 m : 1:46.53 (37.89)		200 m : 2:23.21 (36.68)	[1:14.57]
		250 m : 3:07.31 (44.10)			350 m : 4:26.84 (34.67)		400 m : 4:59.44 (32.60)	[1:07.27]
		100 m : 1:08.64 (36.76)			[1:08.64]			
		300 m : 3:52.17 (44.86)			[1:28.96]			
QFA	7.	Laura CABANES	2006	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.55	5:03.30	677 pts
		50 m : 31.01 (31.01)			150 m : 1:47.02 (40.24)		200 m : 2:25.49 (38.47)	[1:18.71]
		250 m : 3:10.12 (44.63)			350 m : 4:29.76 (35.77)		400 m : 5:03.30 (33.54)	[1:09.31]
		100 m : 1:06.78 (35.77)			[1:06.78]			
		300 m : 3:53.99 (43.87)			[1:28.50]			
QFA	8.	Camilla MANSERVISI	2006	ITA	ASD NUOVO NUOTO BOLOGNA	+0.69	5:10.94	628 pts
		50 m : 32.14 (32.14)			150 m : 1:51.97 (41.57)		200 m : 2:33.19 (41.22)	[1:22.79]
		250 m : 3:15.14 (41.95)			350 m : 4:36.22 (37.36)		400 m : 5:10.94 (34.72)	[1:12.08]
		100 m : 1:10.40 (38.26)			[1:10.40]			
		300 m : 3:58.86 (43.72)			[1:25.67]			
	9.	Lou-Anne BARNIET	2002	FRA	SAINT-RAPHAEL NATATION	+0.75	5:11.03	628 pts
		50 m : 33.64 (33.64)			150 m : 1:53.03 (40.98)		200 m : 2:32.62 (39.59)	[1:20.57]
		250 m : 3:17.80 (45.18)			350 m : 4:37.24 (34.84)		400 m : 5:11.03 (33.79)	[1:08.63]
		100 m : 1:12.05 (38.41)			[1:12.05]			
		300 m : 4:02.40 (44.60)			[1:29.78]			
	---	Zoé CARLOS-BROC	2006	FRA	FFN - INSEP		DNS dec	
	---	Lisa POU	1999	FRA	AS. SP. MONACO NATATION		DNS dec	
	---	Lorne WIGGINTON	2005	CAN	SWIMMING CANADA		DNS dec	