



Mare Nostrum Monaco
MONACO
 from 21st to 22nd May 2022 - 50m pool



Results

[FINA quotation]

Records du 400 Nage Libre Messieurs

Record du Monde: **3:40.07** BIEDERMANN Paul (1986) GER 26/07/2009 ROME
 Record d'Europe: **3:40.07** BIEDERMANN Paul (1986) GER 26/07/2009 ROME
 MONACO RECORD: **3:41.71** THORPE Ian (1982) AUS 12/06/2001 MONACO
 MARE NOSTRUM RECORD: **3:41.71** THORPE Ian (1982) AUS 12/06/2001 MONACO

Prelim : 400 Freestyle Men

[Saturday, 21/05/2022]

1.	SATES Matthew	2003	RSA	SOUTH AFRICA	+0.66	3:49.27	884 pts
50 m :	26.61 (26.61)	100 m :	55.68 (29.07)	150 m :	1:25.54 (29.86)	200 m :	1:55.18 (29.64) [59.50]
250 m :	2:25.18 (30.00)	300 m :	2:53.39 (28.21)	350 m :	3:21.93 (28.54)	400 m :	3:49.27 (27.34) [55.88]
2.	DJAKOVIC Antonio	2002	SUI	SWISS AQUATICS SWIMMING	+0.72	3:50.65	868 pts
50 m :	27.08 (27.08)	100 m :	56.01 (28.93)	150 m :	1:25.50 (29.49)	200 m :	1:55.36 (29.86) [59.35]
250 m :	2:25.19 (29.83)	300 m :	2:54.53 (29.34)	350 m :	3:23.34 (28.81)	400 m :	3:50.65 (27.31) [56.12]
3.	ZIRK Kregor	1999	EST	ESTONIAN SWIMMING FEDERATION	+0.63	3:51.71	856 pts
50 m :	27.13 (27.13)	100 m :	56.08 (28.95)	150 m :	1:25.69 (29.61)	200 m :	1:55.15 (29.46) [59.07]
250 m :	2:25.04 (29.89)	300 m :	2:54.65 (29.61)	350 m :	3:23.98 (29.33)	400 m :	3:51.71 (27.73) [57.06]
4.	MUHLLEITNER Henning	1997	GER	SPORT-UNION NECKARSULM	+0.73	3:52.42	848 pts
50 m :	27.46 (27.46)	100 m :	56.33 (28.87)	150 m :	1:25.95 (29.62)	200 m :	1:55.80 (29.85) [59.47]
250 m :	2:25.25 (29.45)	300 m :	2:54.97 (29.72)	350 m :	3:24.56 (29.59)	400 m :	3:52.42 (27.86) [57.45]
5.	KROON Luc	2001	NED	ROYAL DUTCH SWIMMING FEDERATION	+0.71	3:53.21	840 pts
50 m :	27.22 (27.22)	100 m :	56.71 (29.49)	150 m :	1:26.26 (29.55)	200 m :	1:56.57 (30.31) [59.86]
250 m :	2:25.65 (29.08)	300 m :	2:55.37 (29.72)	350 m :	3:24.62 (29.25)	400 m :	3:53.21 (28.59) [57.84]
6.	SCHEFFER Fernando	1998	BRA	BRAZILIAN SWIMMING FEDERATION	+0.68	3:53.89	833 pts
50 m :	26.18 (26.18)	100 m :	54.77 (28.59)	150 m :	1:24.21 (29.44)	200 m :	1:53.86 (29.65) [59.09]
250 m :	2:23.58 (29.72)	300 m :	2:53.71 (30.13)	350 m :	3:24.03 (30.32)	400 m :	3:53.89 (29.86) [1:00.18]
7.	HENVEAUX Lucas	2000	BEL	FEDERATION FRANCOPHONE BELGE DE...	+0.63	3:54.49	826 pts
50 m :	26.55 (26.55)	100 m :	56.05 (29.50)	150 m :	1:25.81 (29.76)	200 m :	1:55.64 (29.83) [59.59]
250 m :	2:25.42 (29.78)	300 m :	2:55.18 (29.76)	350 m :	3:25.37 (30.19)	400 m :	3:54.49 (29.12) [59.31]
8.	MAHMOUD Akram	1996	EGY	SPORT-UNION NECKARSULM	+0.71	3:55.56	815 pts
50 m :	27.71 (27.71)	100 m :	57.55 (29.84)	150 m :	1:27.28 (29.73)	200 m :	1:57.16 (29.88) [59.61]
250 m :	2:26.78 (29.62)	300 m :	2:56.81 (30.03)	350 m :	3:26.42 (29.61)	400 m :	3:55.56 (29.14) [58.75]
9.	ROUX Guillaume	2001	FRA	CANET 66 NATATION	+0.66	3:56.03	810 pts
50 m :	27.47 (27.47)	100 m :	56.93 (29.46)	150 m :	1:26.52 (29.59)	200 m :	1:56.73 (30.21) [59.80]
250 m :	2:26.37 (29.64)	300 m :	2:56.52 (30.15)	350 m :	3:26.49 (29.97)	400 m :	3:56.03 (29.54) [59.51]
10.	POTHAIN Jordan	1994	FRA	A.A.S.S. NATATION 95	+0.67	3:56.68	803 pts
50 m :	26.69 (26.69)	100 m :	55.86 (29.17)	150 m :	1:25.53 (29.67)	200 m :	1:55.51 (29.98) [59.65]
250 m :	2:25.50 (29.99)	300 m :	2:56.13 (30.63)	350 m :	3:26.30 (30.17)	400 m :	3:56.68 (30.38) [1:00.55]
11.	BRZOSKOWSKI Maarten	1995	NED	SCHWIMM CLUB WIESBADEN	+0.67	3:58.46	786 pts
50 m :	27.66 (27.66)	100 m :	57.58 (29.92)	150 m :	1:27.79 (30.21)	200 m :	1:58.00 (30.21) [1:00.42]
250 m :	2:28.38 (30.38)	300 m :	2:58.49 (30.11)	350 m :	3:28.97 (30.48)	400 m :	3:58.46 (29.49) [59.97]
12.	SCHMID Aleksi	1996	SUI	SWISS AQUATICS TRAINING BASE	+0.66	4:00.41	767 pts
50 m :	27.15 (27.15)	100 m :	57.73 (30.58)	150 m :	1:28.40 (30.67)	200 m :	1:59.40 (31.00) [1:01.67]
250 m :	2:29.66 (30.26)	300 m :	3:00.64 (30.98)	350 m :	3:31.19 (30.55)	400 m :	4:00.41 (29.22) [59.77]
13.	JULIA TOUS Ferran	2000	ESP	FEDERACIÓ CATALANA DE NATACIÓ	+0.73	4:04.09	732 pts
50 m :	27.36 (27.36)	100 m :	56.70 (29.34)	150 m :	1:27.10 (30.40)	200 m :	1:58.01 (30.91) [1:01.31]
250 m :	2:29.39 (31.38)	300 m :	3:01.18 (31.79)	350 m :	3:33.02 (31.84)	400 m :	4:04.09 (31.07) [1:02.91]
14.	KHALIL Adib	2002	LBN	AS. SP. MONACO NATATION	+0.68	4:04.24	731 pts
50 m :	28.46 (28.46)	100 m :	58.83 (30.37)	150 m :	1:29.49 (30.66)	200 m :	2:00.18 (30.69) [1:01.35]
250 m :	2:31.32 (31.14)	300 m :	3:02.46 (31.14)	350 m :	3:34.05 (31.59)	400 m :	4:04.24 (30.19) [1:01.78]
15.	GODOLPHIN Bernard	1999	CAN	TORONTO	+0.63	4:05.03	724 pts
50 m :	28.24 (28.24)	100 m :	59.02 (30.78)	150 m :	1:29.86 (30.84)	200 m :	2:00.91 (31.05) [1:01.89]
250 m :	2:31.97 (31.06)	300 m :	3:03.64 (31.67)	350 m :	3:34.77 (31.13)	400 m :	4:05.03 (30.26) [1:01.39]
16.	TRAMPITSCH Alexander	1999	AUT	AUSTRIA	+0.68	4:06.30	713 pts
50 m :	27.56 (27.56)	100 m :	58.29 (30.73)	150 m :	1:29.00 (30.71)	200 m :	2:00.24 (31.24) [1:01.95]
250 m :	2:31.43 (31.19)	300 m :	3:02.83 (31.40)	350 m :	3:34.93 (32.10)	400 m :	4:06.30 (31.37) [1:03.47]
17.	KURZ Luis	2002	AUT	AUSTRIA	+0.66	4:06.89	708 pts
50 m :	28.18 (28.18)	100 m :	59.01 (30.83)	150 m :	1:30.45 (31.44)	200 m :	2:02.06 (31.61) [1:03.05]
250 m :	2:32.71 (30.65)	300 m :	3:03.79 (31.08)	350 m :	3:35.71 (31.92)	400 m :	4:06.89 (31.18) [1:03.10]
18.	DRUENNE Théo	2005	MON	FEDERATION MONEGASQUE DE NATATIO...	+0.71	4:10.14	680 pts
50 m :	28.38 (28.38)	100 m :	59.49 (31.11)	150 m :	1:31.11 (31.62)	200 m :	2:03.03 (31.92) [1:03.54]
250 m :	2:34.55 (31.52)	300 m :	3:06.69 (32.14)	350 m :	3:39.17 (32.48)	400 m :	4:10.14 (30.97) [1:03.45]
19.	KHALIL Gaël	2004	FRA	AS. SP. MONACO NATATION	+0.69	4:12.38	663 pts
50 m :	29.19 (29.19)	100 m :	1:00.32 (31.13)	150 m :	1:31.93 (31.61)	200 m :	2:03.72 (31.79) [1:03.40]
250 m :	2:35.50 (31.78)	300 m :	3:07.55 (32.05)	350 m :	3:40.16 (32.61)	400 m :	4:12.38 (32.22) [1:04.83]



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Results

(Next) Prelim : 400 Freestyle Men

[Saturday, 21/05/2022]

20.	OUMAILIA Enzo	2005	FRA	AS. SP. MONACO NATATION	+0.66	4:16.07	634 pts		
50 m :	29.04 (29.04)	100 m :	1:00.09 (31.05)	[1:00.09]	150 m :	1:32.04 (31.95)	200 m :	2:04.54 (32.50)	[1:04.45]
250 m :	2:37.62 (33.08)	300 m :	3:11.21 (33.59)	[1:06.67]	350 m :	3:43.96 (32.75)	400 m :	4:16.07 (32.11)	[1:04.86]
---	PALLIER Pierre	2003	FRA	AS. SP. MONACO NATATION		DNS dec			
---	VITALI Luc	2005	GER	AS. SP. MONACO NATATION		DNS dec			